

## Chilean Seabass Fillet (Patagonian Toothfish)

A popular choice for its rich omega 3 fatty acids and milky or buttery taste, our Chilean Seabass (also known as Patagonian Tooth fish) is wild caught and freshly frozen at the source. We offer this fish either as a whole or fillet, which comes boneless and skinless.

This premium grade fish is easy to cook, and has a delightful melt-in-the-mouth and delicate flavour, yet maintaining a meaty texture. It is ideal for sautéed or light searing and an elegant choice of fish for fine dining restaurants and upscale eateries.

Packing size : 2-3kg

